

Our Top Tips for Nannies and Families on Staying Safe during COVID-19 are suggestions, these are based on the guidance set out by the UK Government.

Handwashing

Ensure that all household members wash hands regularly with soap and water for at least 20 seconds, throughout the day, especially upon leaving and entering the house, before and after every meal, snack, or drink.

Soap and Hand sanitiser should be provided to encourage good hand washing habits.

Children should be supervised to ensure that they wash their hands correctly.

Cleaning

It is important to clean resources, toys, light switches, door handles and all high touch point areas thoroughly and regularly. Consider making a toy, and touch point cleaning rota.

Cleaning products should be provided for the Nanny to use. Products such as Milton and Dettol, should be kept out of reach of all babies and children.

Tissues and wipes should be readily available to the Nanny.

Health and Safety

Because your home setting is the workplace, ensure that a risk assessment has been performed and is regularly updated – at least once a month or whenever government policy significantly changes.

Environment

Ensure that the home setting is decluttered and put away any unnecessary soft toys or furnishings.

Ensure that where possible the nanny and child have a dedicated toilet, and where possible a dedicated desk or workspace.

Consider any current social distancing guidelines as they are updated.

Bins in the home setting should be regularly emptied and sanitised each day.

Well being

The Nanny and the children ought to wear fresh clean clothes each day, and bathroom towels ought to be washed after each use.

Tissues and or the elbow should be used to catch coughs and sneezes.

Games and songs can be used to help children feel safe and learn new routines.

Visitors to the home

Visitors should be limited to essential only (e.g. essential property repairs). Social distancing should take place when an essential visitor enters the home. Ask the visitor to wear a mask and use hand sanitiser. Consider each others space, stand side by side and not face to face where possible, and limit the time spent with outsiders.

Outside and Ventilation

Nannies and children should be outside as much as possible. When inside, windows should be opened to ventilate rooms.

Nannies to use a mask to use on public transport and in shops, along with hand sanitiser. The Nanny should consider avoiding using public transport and playgrounds during peak periods.

All of these guidelines are subject to change, keep updated with the Government website as and when new ones are put in place